



# Nut Awareness Policy

## **Nut Awareness:**

Hillside Primary School are food allergy aware. This does not mean that we are 'nut free'. We aim and strive to minimise the risk to children with allergies whilst appreciating that we cannot be completely confident that all food items brought in are nut free or that another child has not consumed nuts before coming into school.

There are a considerable number of pupils at our school who have severe food allergies. The most common of these allergens are peanuts, tree nuts, eggs, fish, and chickpeas. The most serious risk in our school is nut allergies which can cause life threatening anaphylactic reactions to some of our pupils.

### **Aims of this policy**

- To provide a safe learning environment for all members of the school community
- To raise the awareness of all members of the community regarding severe allergies

### **Management**

The Nut Aware policy will be managed by:

- Parents and caregivers being requested NOT to send food to school that contains nuts (especially peanuts). This includes all types of nuts, peanut butter, Nutella and food containing nuts.
- Our school kitchen and food are already nut free and we do not supply any ingredients in food technology that have nuts or nut derivatives.
- Staff supervising eating at lunchtime.
- Pupils being encouraged NOT to share food.
- Pupils being encouraged to wash hands before and after eating.
- Staff training in understanding and dealing with Anaphylaxis (severe allergic reactions) as the need arises.

### **Promotion**

The policy will be promoted by:

- Staff being informed and provided with training opportunities.
- Publication of this policy on the school website.
- Pupils being informed via teachers, support staff and signage.
- Helping pupils to understand that foods they can enjoy eating can also be dangerous to others.
- Encouraging pupils to support their classmates with allergies by eating and handling food responsibly.

### **Risk Assessment regarding Nut Allergy**

- Medical file – kept up to date and read regularly by all staff in school.
- Staff will be alert to any obvious signs of nuts being brought in, but they will not inspect all food brought into school.
- If staff do notice a pupil that has brought in food that contains nuts or nut products these items will be removed and if required, an alternative will be provided from the school kitchen.