

VIRTUAL SPORTS DAY 2020

FOUNDATION & KEY STAGE 1



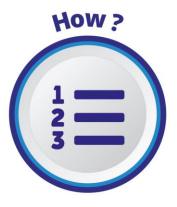
HIT THE TARGET!

You Will Need:

- » Tape Measure
- » Pair of Socks or Tennis Ball
- » Bucket
- » Marker



- ightarrow Children can explore how to send & receive objects in different ways and with different parts of the body
- ightarrow Children can explore how to aim at different targets of differing size
- → Children can show consistency when throwing at a target
- → Children can use differing techniques when throwing



- ① Place a marker approximately 1.5m (FS) or 2m (Y1/2) from your bucket
- (2) Stand behind the marker with the pair of socks rolled into a ball
- 3 Attempt to throw the sock ball into the bucket
- 4 Record how many successful attempts out of 10

#HavingFunSafely









