## **Hillside Primary School**



## PSHE Long Term Plan 2018-19

|        | Health and Well-Being  | Relationships                                | Living in the Wider World                 | Additional Units             |
|--------|--|--|---|------------------------------|
| Year 1 | Healthy Eating Hygiene Keeping Safe                                      | Communication Bullying                       | Rules and Responsibilities                |                              |
| Year 2 | Changing and growing Emotions  | Fairness Family and Friends                  | Communities  Money and Finance            |                              |
| Year 3 | Healthy Lifestyles Nutrition and Food Safety First Aid                   | Communication Similarities and Differences   | Rules and Responsibilities Discrimination |                              |
| Year 4 | Physical, Emotional and Mental Aspirations Emotions Growing and Changing | Collaboration Bullying Healthy Relationships | Diversity Economic Awareness              |                              |
| Year 5 | Health<br>Aspirations<br>Emotions  | Communication Similarities and Differences   | Rights and Responsibilities               | Sex and Relationships        |
| Year 6 | Nutrition and Food<br>Safety   | Collaboration Healthy Relationships          | Diversity Economic Awareness              | Extremism and Radicalisation |

Class teachers deliver these units throughout the year, linking to other topics where possible.