

Hillside Primary School



P.E. Long Term Plan

	Autumn Term		Spring Term		Summer Term	
EYFS	Multi Skills Yoga	Multi Skills Yoga	Gymnastics Dance	Gymnastics Dance	Athletics Games	Athletics Games
Year 1	Games Dance	Games Dance	Gymnastics Dance	Gymnastics Dance	Athletics Games	Athletics Games
Year 2	Games Gymnastics	Games Gymnastics	Gymnastics Dance	Gymnastics Dance	Athletics Games	Athletics Games
Year 3	Invasion Games Gymnastics	Net/Wall Games Gymnastics	Invasion Games Dance	Striking/Fielding Games Dance	Athletics Swimming	Athletics Swimming
Year 4	Invasion Games Swimming	Net/wall Games Swimming	Invasion Games Gymnastics	Striking/Fielding Games Gymnastics	Athletics Dance	Athletics Dance
Year 5	Invasion Games Rowing	Striking Fielding Games Rowing	Net/Wall Games Swimming	Dance Swimming	Athletics Gymnastics	Athletics Dance

Highlighted areas show lessons taught by ASM

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Year 6	Invasion Games Rowing	Invasion Games Rowing	Striking/Fielding Games Gymnastics	Net/wall Games Dance	Athletics Dance	Athletics Athletics
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Highlighted areas show lessons taught by ASM